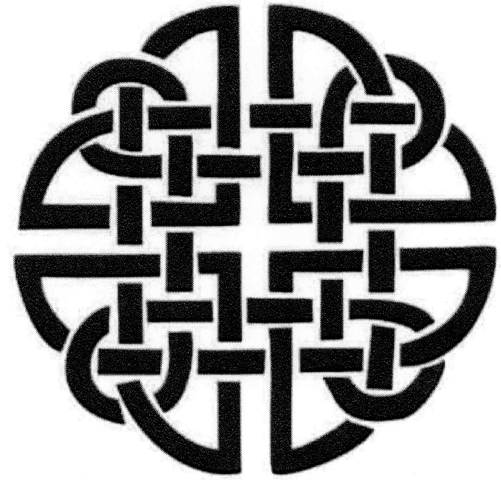


Dara knot

The Dara Celtic knot has an interwoven design that's influenced by the roots of an ancient oak tree, with an interwoven design mimicking the inter-tangled roots of an oak tree. Indeed, the name "Dara" comes from the Irish word "doire", which means "oak tree".

The Dara knot is a modern design, but it's inspired by Celtic lore and tradition. Ancient oaks were considered in Celtic culture, as a symbol of strength, wisdom and endurance. This is one of the Celtic knots meaning strength, therefore, and was often used on armour and weaponry.



Celtic spiral knot

The spiral knot is one of the oldest Celtic knots. It's a three-sided knot, with one line that splits into three separate spirals. It's also known as the triskele or triskelion, and is thought to date back to around 3,200 BC!

It's a reminder once again of the symbolism of the number three in Celtic culture. The word 'triskele' in Greek means three-legged, and again, it can stand for a number of different trinities. Some believe it stands for water, fire and earth, while others think it stands for the Holy Trinity.

The single line of the spiral knot highlights the interconnectedness of life and spirit, and it can often be found in spiritual places such as monuments and places of worship.